December 2020



Newsletter

Helping 1 dog won't change the world but it will mean the world to 1 dog

An Incredible 2020

2020 has been a difficult year, with all the problems and sadness caused by the Covid 19 pandemic. For us as a small charity it has been challenging too. We have struggled to rehome dogs during lockdown, as there was a time when none of the transporters could travel due to border and local EU travel restrictions or closures.

All our summer fundraising events were cancelled so we unable to raise funds in the way we would normally do through summer fetes and shows, and our main fundraising event, our Dog Show in May had to be cancelled due to the pandemic.

We dug deep and found other ways to make fundraising and rehoming possible, and when the lockdown restrictions eased, we were able to begin rehoming, resorting to technology to help us. Who would have thought a year ago that home checks would be done via Facetime, zoom or skype?

We did some online events to raise funds, our online dog show was a great success and the zoom quiz nights have raised both funds and laughs, and of course our regular Facebook auctions have really helped to keep us afloat. Thank you so much to all our supporters and volunteers for your ongoing generosity, time. and creativity given this year and for helping us to help the dogs of Bistrita.

Our team of volunteers in Romania have worked extremely hard looking after the dogs at Happy's. Often challenged by Romanian local lock down travel restrictions, they all freely gave up their spare time to feed and exercise and play with the dogs by spreading themselves between Happy's, their family and their working lives.

We would all like to say an amazing **THANK YOU** to every single one of our volunteers for sticking with it through a very unprecedented, tough and challenging year.

From Romanian rescue dogs to British citizens in 2020





Are you a Happy's Hero ?

Is your dog a Hero? Come and Join us and together we can fight injustice and cruelty, neglect and starvation. donate £10 a month for your dog to become 1 of Happys Heroes this will go towards our mission of rescuing street dogs and saving thousands of others through Spay & Neuter campaigns.

This is Happy our 1 Dog At A Time Rescue mascot and the leader of Happy's Heroes

To find out how your dog can become a Happy's Hero, click here https://www.1dogatatimerescue.org/happys-heros





Dreams come true ...



Meet Minnie

During the madness & hardship of the pandemic, wonderful things still happened. We rescued lots of dogs, each & everyone incredibly special.

This precious girl stole the hearts of the entire team at 1 Dog, early this year. Minnie was found late at night discarded amongst household rubbish, in a plastic bag by a dumpster. We had no idea how long she had been there but thankfully someone saw the bag move and checked inside. As they opened the bag, Minnie's terrified little face looked back. She was lifted out and taken to safety.

Minnie was driven to Bistrita the next day and taken to our amazing vet Denisa. Goodness knows what life this tiny girl had endured. We suspect she had been used for breeding, then became too old and therefore had no purpose or value. She was in a terrible state, full of infection, fleas, dehydrated and starving.

Minnie was aged by our vet to be 9-10 years old, a tiny 2 kgs, just 4-5 teeth and could only see through one good eye. It was touch and go for a while but she wasn't ready to give up and nor were we.

Once recovered we found her a foster home, this tiny little girl's zest for life was huge. After a lifetime of neglect she finally was experiencing how wonderful life could be. The joy of being wanted & loved, affection & interaction, a full tummy and her very own comfortable bed ... just one thing was missing.

Her new mummy & daddy fell in love with her the second they saw her photo and read her story. She was soon making the long journey from Romanian to Kent in the U.K. She joined her new sister Lucille, also adopted from 1 Dog and was finally home. The final piece of the puzzle was in place. We truly could not have wished for more for this tiny precious girl, who beat all the odds and is making up for lost time, living the life she always deserved with her very own family, very loved and very happy





Happy Tails



Our kennels in Bistrita, Happy Tails, has served us and our dogs very well over the years by providing a much needed safe and secure environment and a sanctuary and offering that most essential ingredient of time to allow our dogs to adjust and to prepare for their journey to their new lives. Its now time for us to give back some TLC to Happy's and carry out some essential and vital repairs, refurbishments and new developments.

The harsh winters and hot summers over the last 5 years have taken their toll on some of the outside walls that are now, quite literally, falling apart and several of the runs are now unsafe and need work on them. Added to the repairs and maintenance we have had some super new plans drawn up to build additional outdoor kennels and run space to allow the dogs to be outdoors as much as possible and which will, in turn, allow us to help even more of the dogs that need us so desperately.

The work has started, and we aim to get it all finished before the cold harsh winter sets in.



Our November transport of 18 lucky dogs has arrived safely in the UK. All the dogs are now beginning the next exciting chapter in their lives with their new families.

We look forward to hearing some of their stories in future issues of this newsletter and following them as they settle into their new lives.

As the transport van travelled back to Romania and to Happy's it didn't go empty handed. We loaded it with all your wonderful donations of dog food, toys, blankets, beds, treats for the dogs and even some cleaning and vet supplies. This was all unloaded and stored safely for the coming months. The dogs loved having some treats too.

Amongst the donations of food were over 15 large bags of Bradshaws food donated from supporters, all delivered out to Happy's.

Thank you so very much to everyone that contributed to help make sure all the dogs at Happy's are warm and well fed over the next weeks and months.

Please take a closer look at Bradshaws as for every bag you feed your dogs you can donate another bag to a dog in need. Please see the 'sample' page and fill in your details and Bradshaws will send you a sample pack direct to your door. It really does help us keep the dogs well fed, fit and healthy.

https://www.bradshawsdogs.com/taste-challenge/







Stored Safely at Happys



Dreams come true ... Teddy and Frankie

TEDDY before and NOW







FRANKIE before and NOW





Some dogs touch your soul, and their stories break your heart so much so, you just can't get them out of your mind. As hard as it is, you know there isn't a choice, you must find a way to help them no matter what obstacles are put in your way. That's exactly what happened when we were shown pictures of two boys in the most appalling conditions chained lying in their own faeces, we knew we had to help.

Teddy and Frankie were found as tiny puppies and taken into a small flat 60 kms from Bistrita, Romania. Kept in a small room until they grew too big, the lady could no longer take care of them. She had no other offer for help, so at 3 months old, she took them across the road to a piece of waste land and chained them to a fence separated by several metres, they were attached to the fence by a 1 metre metal chain. How they survived for the last year we have no idea, no companionship, no love, barely any shelter and little food or water. Would you be able to forget about them once you had been shown pictures of their desperate lives

No nor could we we rented a van and drove out to bring them back to Happy's but when Doina and Eli got there it became apparent they wouldn't be coming back with them that day. As you might imagine they were very scared and too protective of their space. A week later, with the help of a vet, several helpers & one of our lovely volunteers Teddy and Frankie were tranquilised, their chains removed, and they were taken from the filth they had been lying in for the last year. They were driven to our vet who checked them both over. Both were obviously needing vitamins and medical care once treated they were taken to Happy's to start their rehabilitation.

As you might guess it's not been easy, their lives had been so empty of any affection Slowly, they have started to learn to trust. They have progressed more than we could have dared hope. They still have a way to go but with love and patience we hope one day they will find the special home they deserve but for now Teddy and Frankie are safe. They have shelter, a warm cosy bed, good food and clean water. They will remain at Happy's now part of the 1 Dog family, very much wanted and loved ... until we find the right home for them.



As another part of our commitment to the 'Solution Circle' for the dog situation in Romania we have been supporting Sache Foundation over 3 days in a large Neutering & Return Program in Tuzla in Romania.

There are thousands of abandoned dogs in Romania and many more being born every year. Each female dog and her offspring, according to Dogs on Death Row, PETA, and HSUS, can produce in 6 years up to 67,000 puppies. Granted, even if born, many of these puppies would die of parvo, distemper and other diseases or infestations, be hit by cars and receive other injuries and agonising deaths... its true to say that just 1 Neuter of one female dog can prevent the suffering of thousands. Our commitment to the Neuter program in Tuzla is for over 100 dogs, this is saving 100,000 in future of dying a horrible death.

'Neuter & Return' & 'Education' are the only long-term solutions to this immense and heartbreaking situation.

At 1 Dog At A Time Rescue UK we work tirelessly on finding the very best homes for the all, the different dogs that come into our care. It's distressing to see that progress of clearing the streets is painfully slow with a never- ending supply of unwanted animals that are continually abandoned in Bistrita and across Romania. So more needs to be done.....

We are totally committed to focusing on the present with our adoption and fostering work, but we know to make the long- term changes we must help to change the environment that the dogs are living in with 'education' and 'neuter and return' initiatives.

Many of the dogs in Romania are not lone street dogs without owners but they are in fact what we call 'community dogs' that roam around the streets, shops and factories. They are owned by people but allowed to roam freely day and night, most of them are not Neutered and breed on a constant basis. Impoverished citizens do not have the financial means to neuter their animals and often cannot find or trust skilled vets, so many resort to one of two choices.....either kill the puppies in horrific ways or abandon them on the streets or in the fields to fend for themselves and face a world full of the most horrendous dangers.

Animal Education in Romania is critical so that the public understand the importance of neutering their pets, to learn to have compassion for the animals whose fate was not of their choosing, and how to humanely treat and care for them.

We are currently working with teachers around Bistrita to bring education programs to the children for them to spread the message of Neutering, Compassion & Care.

This is why we do what we do.... we are committed to these fantastic dogs of Romania. But we can only do it with your help and support.

Each dog will cost €30 to neuter and in a campaign over 100 can be operated on... this campaign will save the suffering of over 100,000 dogs in the future....Thank you.



In a tough year for us all, we wanted to update you on one of our gorgeous dogs Bailey. Sadly as with most of our rescue dogs, we know very little of his past. Bailey was found abandoned in the mountains by our very good friend Lakry last year and brought to our shelter. He was adopted and travelled on our August 2019 Transport to his new family and new life.

What a journey they have shared. Here is what Martin who adopted Bailey has to say about Bailey and why Bailey rescued him, just as much as he rescued Bailey. This fabulous duo are also part of a search & rescue team, carrying out vital work to reunite lost dogs with their owners.

"As a retired guy, you start to look back on your life a bit and wherever I have been, whatever I've done, it is punctuated by dogs I have known and loved. My first dog was Rex a lab who was rescued by my father who took him off a person who had beaten him and left him in a yard. Rex became the sixth brother and my best mate. Rover a whippet/lab, as I played rugby, Rover would come to training, matches, runs and even rugby tours.

Then came the gap, busy with children, work, building a life. Struggles, survival, mental health issues, then the black hole of PTSD.

The light came as a result of sitting in the corner of a trauma care unit, watching a soldier chatting to his invisible dog, enjoying watching his 'collie', playing ball and for someone so disturbed, smiling. I said absent mindedly to Adam the nurse 'Why doesn't someone give him a dog, no one will notice the invisible one then'. Bill Odie, that's what we call soldiers, (Bill Odie- squaddie), got his dog and went out to the world a bit happier and with someone who was prepared to love him, just as he was. I got my dog Charlie a lab/ jack and for fourteen glorious years we shared, joined by another rescue, Beau, a black smooth haired lurcher, found by Charlie abandoned and unclaimed. We kayaked, swam hiked and ran. Charlie and Beau passed over the bridge within months. Life without a dog for me is impossible, it's like a polo there is just no centre nothing in the middle. Due to a chance meeting with a lady who had adopted two Rommies, I learnt of the valuable work of 1 Dog and its inspiring team.

Bailey has bounced into my life, caring, lovable, excitable, trusting, insisting, wistful and amazingly chatty. I feel charged just being with him. So why? This boy has put his heart in my hands and I in his paws. How does this combination of child, leader, confidant, fur buddy and soul buddy end up in the middle of my heart and I in his? I believe it is about trust, built on kindness, little things building up bit by bit, leading to moments of shared joy.

I could tell you watching Bailey ride the kayak, or climb the mountain, or swim the lake, or find the lost dog are the best moments. As great as they are, the best is when we sit next to each other shoulder to shoulder watching the sea and, in that moment, we are the best mates each of us could want.

If you've just lost your dog. No you will never replace them, but never forget somewhere in a kennel in a rescue shelter ... there is dog waiting to be loved and give love".

Please visit out website for information on dogs available and how to adopt – https://www.1dogatatimerescue.org



Did you know that whenever you buy anything online - from your weekly shop to your annual holiday - you could be raising a free donation for 1 Dog At A Time Rescue UK? There are nearly 3,000 retailers on board ready to make a donation, including Amazon, John Lewis, Aviva, the trainline and Sainsbury's – it doesn't cost you a penny extra! It's really simple. All you need to do is: 1. Join - Head to

https://www.easyfundraising.org.uk/causes/1 daatr/ and sign up for free.

2. Shop - Every time you shop online, go to easyfundraising first, pick the retailer you want and start shopping.

3. Raise - After you've checked out, that retailer will make a donation to your good cause for no extra cost whatsoever! There are no catches or hidden charges and 1 Dog At A Time Rescue UK will be really grateful for your donations.

1 Dog At A Time auction



Our auctions, which run every 4 weeks, raise much needed funds for Happys, our halfway house in Bistrica Nasaud. The auctions have proved to be very successful and our totals at the end of each one are steadily increasing.

This money goes towards the running costs which naturally increase in the winter due to heating costs. To deal with these expenses each auction we hope will raise enough money to cover all of them and this is what motivates us to work harder on the following auctions.

We always welcome new help and donations; so if you would like to help or can donate items please contact any of us: If you can offer items to go on the auction page, we would love to hear from you. Take a look at our auction page if you haven't already and you will see the exciting mix of goodies we have on offer.

Please click here to go to our Facebook Auction page https://www.facebook.com/groups/580863752043843

Great Christmas Gift

Thank you for your support

A truly unique & meaningful way to treat your love one, friend or colleague, as well as one of our dogs. Perfect for every occasion. Our Gift Cards come in three different nominations £10, £15 and £40. Great to give by themselves or maybe with a bottle of wine, candle or box of chocolates.

- Postage is £1 up to 4 vouchers or £1.40 5+.
- Vouchers come with Envelopes.
- Vouchers are postcard size.

We can post directly to the recipient and can include a card with a message from you if required. Please use the following link if you would like to purchase any vouchers.



https://www.facebook.com/groups/580863752043843/?ref=share



Merry Christmas and Happy New Year!



Best Wishes From Everyone at 1 Dog At A Time Rescue UK

